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# Brake orbits with minimal period estimates of first-order variant subquadratic Hamiltonian systems 

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#### Abstract

Under a generalized subquadratic growth condition, brake orbits are guaranteed via the homological link theorem. Moreover, the minimal period estimate is given by Morse index estimate and $L_{0}$-index estimate.


Keywords: Hamiltonian system; Sobolev spaces; weakly continuous functionals; $L_{0}$-index; brake orbit; anisotropic growth

## 1. Introduction

This paper concerns the existence of $\tau$-periodic brake orbits $(\tau>0)$ of the autonomous first-order Hamiltonian system

$$
\left\{\begin{array}{l}
J \dot{z}(t)=-\nabla H(z(t)),  \tag{1.1}\\
z(-t)=N z(t), \\
z(t+\tau)=z(t),
\end{array} \quad t \in \mathbb{R},\right.
$$

where $H \in C^{2}\left(\mathbb{R}^{2 n}, \mathbb{R}\right)$ with $H(N z)=H(z), z \in \mathbb{R}^{2 n}, J=\left(\begin{array}{cc}0 & -I_{n} \\ I_{n} & 0\end{array}\right)$ and $N=\left(\begin{array}{cc}-I_{n} & 0 \\ 0 & I_{n}\end{array}\right)$ with $I_{n}$ the $n \times n$ identity matrix.

As shown in [1,2], for $\vec{x}=\left(x_{1}, \cdots, x_{n}\right)$ and $\vec{y}=\left(y_{1}, \cdots, y_{n}\right)$, we set

$$
V(\vec{x}, \vec{y})=\operatorname{diag}\left\{x_{1}, \cdots, x_{n}, y_{1}, \cdots, y_{n}\right\} \in \mathbb{R}^{2 n \times 2 n}
$$

For $z=\left(p_{1}, \cdots, p_{n}, q_{1}, \cdots, q_{n}\right)$, we have

$$
V(\vec{x}, \vec{y})(z)=\left(x_{1} p_{1}, \cdots, x_{n} p_{n}, y_{1} q_{1}, \cdots, y_{n} q_{n}\right) .
$$

Below are the conditions cited from [3] with minor modifications.
(H1) $H \in C^{2}\left(\mathbb{R}^{2 n}, \mathbb{R}\right), H(N z)=H(z), z \in \mathbb{R}^{2 n}$.
(H2) There exist $\gamma_{i}>0(i=1, \cdots, n)$ such that

$$
\lim _{|z| \rightarrow+\infty} \frac{H(z)}{\omega(z)}=0
$$

where $\omega(z)=\sum_{i=1}^{n}\left(\left|p_{i}\right|^{1+\gamma_{i}}+\left|q_{i}\right|^{1+\frac{1}{\gamma_{i}}}\right)$.
(H3) There exist $\beta>1$ and $c_{1}, c_{2}, \alpha_{i}, \beta_{i}>0$ with $\alpha_{i}+\beta_{i}=1(1 \leq i \leq n)$ such that

$$
\min \{H(z), H(z)-\nabla H(z) \cdot V(z)\} \geq c_{1}|z|^{\beta}-c_{2}, \quad z \in \mathbb{R}^{2 n}
$$

where $V(z)=V(\vec{\alpha}, \vec{\beta})(z)$ with $\vec{\alpha}=\left(\alpha_{1}, \cdots, \alpha_{n}\right), \vec{\beta}=\left(\beta_{1}, \cdots, \beta_{n}\right)$.
(H4) There exists $\lambda \in\left[1, \frac{\beta^{2}}{\beta+1}\right)$ such that

$$
\left|H_{z z}^{\prime \prime}(z)\right| \leq c_{2}\left(|z|^{1-1}+1\right), \quad z \in \mathbb{R}^{2 n}
$$

where $H_{z z}^{\prime \prime}$ means the Hessian matrix of $H$.
(H5) $H(0)=0$ and $H(z)>0,|\nabla H(z)|>0$ for $z \neq 0$.
Note that (H2) is a variant subquadratic growth condition which has superquadratic growth behaviors in some components and has subquadratic growth behaviors in other components, while [4] provided one other kind of variant subquadratic growth condition, we also call such conditions anisotropic growth conditions.

In the last decades, brake orbit problems have been investigated deeply, see [5-13] and references therein. In [14], the existence of brake orbits and symmetric brake orbits were proved under the classical superquadratic growth conditions. Meanwhile, the minimal period estimates were given by comparing the $L_{0}$-index iterations. Later, in [15], the authors obtained the same minimal period estimates under a weak growth condition which has super-quadratic growth only on some $J$-invariant plane. In [4, 16], the authors considered first-order anisotropic convex Hamiltonian systems and reduced the existence problem of brake orbits to the dual variation problem, moreover, in [4], the minmality of period for brake orbits was obtained. In [1], the authors removed the convex assumption in [16] and obtained brake orbits with minimal period estimates under more general anisotropic growth conditions which are variant superquadratic growth conditions.

The following is the main result of this paper.
Theorem 1.1. If $H$ is a Hamiltonian function satisfying (H1)-(H5), then there exists $\tilde{\tau}>0$ such that when $\tau \geq \tilde{\tau}$, the system (1.1) has a nontrivial brake orbit $z$ with the $L_{0}$-index estimate

$$
\begin{equation*}
i_{L_{0}}\left(z, \frac{\tau}{2}\right) \leq 0 \tag{1.2}
\end{equation*}
$$

Futhermore, if the above brake orbit $z$ also satisfies
(H6) $H_{z z}^{\prime \prime}(z(t)) \geq 0, t \in \mathbb{R}$ and $\int_{0}^{\frac{\tau}{2}} H_{q q}^{\prime \prime}(z(t)) \mathrm{d} t>0$, where $H_{q q}^{\prime \prime}(z)$ means the Hessian matrix w.r.t. $q$ for $z=(p, q), p, q \in \mathbb{R}^{n}$.
Then the brake orbit $z$ has minimal period $\tau$ or $\frac{\tau}{2}$.

We remind the readers that the minimal period $\frac{\tau}{2}$ may not be eliminated generally. See Remark 4.2 in [14], for example, the minimal period is $\frac{\tau}{2}$ under the condition (H6). In [2], we also consider the symmetric brake orbit case under the above conditions with small changes using different index iteration inequalities.

If $\tilde{z}$ is a brake orbit for the system (1.1), then $z(t)=\tilde{z}\left(\frac{\tau}{2} t\right)$ satisfies

$$
\left\{\begin{array}{l}
J \dot{z}(t)=-\frac{\tau}{2} \nabla H(z(t)),  \tag{1.3}\\
z(-t)=N z(t) \\
z(t+2)=z(t)
\end{array}\right.
$$

The converse is also true. So finding brake orbits for the system (1.1) is equivalent to finding 2-periodic brake orbits for the system (1.3).

In Section 2, we recall the $L_{0}$-index theory and the related Sobolev space. In Section 3, we prove the existence of a nontrivial brake orbit with minimal period 2 or 1 .

## 2. Preliminaries

The Maslov-type index theory is higly-developed and widly-used to study the existence, minimality of period, multiplicity and stability of periodic solutions of Hamiltonian systems, see [17]. And to estimate the minimal period for brake orbits, Liu and his cooperators introduced the $L_{0}$-index theory -a topologically variant Maslov-type index theory, see the monograph [18] and the recent survey paper [19].

We denote by $\mathcal{L}\left(\mathbb{R}^{2 n}\right)$ the set of all $2 n \times 2 n$ real matrices, and denote by $\mathcal{L}_{s}\left(\mathbb{R}^{2 n}\right)$ its subset of symmetric ones. The symplectic group $\operatorname{Sp}(2 n)$ for $n \in \mathbb{N}$ and the symplectic path $\mathcal{P}_{\tau}(2 n)$ in $\operatorname{Sp}(2 n)$ starting from the identity $I_{2 n}$ on $[0, \tau]$ are denoted respectively by

$$
\begin{aligned}
& \operatorname{Sp}(2 n)=\left\{M \in \mathcal{L}\left(\mathbb{R}^{2 n}\right) \mid M^{T} J M=J\right\} \\
& \mathcal{P}_{\tau}(2 n)=\left\{\gamma \in C([0, \tau], \operatorname{Sp}(2 n)) \mid \gamma(0)=I_{2 n}\right\} .
\end{aligned}
$$

As showed in [18], for the Lagrangian subspaces $L_{0}=\{0\} \times \mathbb{R}^{n}$ and $L_{1}=\mathbb{R}^{n} \times\{0\}$, there are two pairs of integers $\left(i_{L_{k}}(\gamma, \tau), v_{L_{k}}(\gamma, \tau)\right) \in \mathbb{Z} \times\{0,1, \cdots, n\}(k=0,1)$ associated with $\gamma \in \mathcal{P}_{\tau}(2 n)$ on the interval $[0, \tau]$, called the Maslov-type index associated with $L_{k}$ for $k=0,1$ or the $L_{k}$-index of $\gamma$ in short. When $\tau=1$, we simply write $\left(i_{L_{k}}(\gamma), \nu_{L_{k}}(\gamma)\right)$.

The $L_{0}$-iteration paths $\gamma^{j}:[0, j] \rightarrow \mathrm{Sp}(2 n)$ of $\gamma \in \mathcal{P}_{1}(2 n)$ (see [18]) are defined by

$$
\begin{gathered}
\gamma^{1}(t)=\gamma(t), \quad t \in[0,1], \\
\gamma^{2}(t)= \begin{cases}\gamma(t), & t \in[0,1], \\
N \gamma(2-t) \gamma(1)^{-1} N \gamma(1), & t \in[1,2]\end{cases}
\end{gathered}
$$

and more generally, for $j \in \mathbb{N}$,

$$
\begin{gathered}
\gamma^{2 j}(t)=\left\{\begin{array}{lr}
\gamma^{2 j-1}(t), & t \in[0,2 j-1], \\
N \gamma(2 j-t) N\left[\gamma^{2}(2)\right]^{j}, & t \in[2 j-1,2 j],
\end{array}\right. \\
\gamma^{2 j+1}(t)=\left\{\begin{array}{lr}
\gamma^{2 j}(t), & t \in[0,2 j], \\
\gamma(t-2 j)\left[\gamma^{2}(2)\right]^{j}, & t \in[2 j, 2 j+1] .
\end{array}\right.
\end{gathered}
$$

Then we denote by $\left(i_{L_{0}}\left(\gamma^{j}\right), v_{L_{0}}\left(\gamma^{j}\right)\right)$ the $L_{0}$-index of $\gamma^{j}$ on the interval $[0, j]$.
Assume $B(t) \in C\left([0, \tau], \mathcal{L}_{s}\left(\mathbb{R}^{2 n}\right)\right)$ satisfies $B(t+\tau)=B(t)$ and $B\left(\frac{\tau}{2}+t\right) N=N B\left(\frac{\tau}{2}-t\right)$, consider the fundamental solution $\gamma_{B}$ of the following linear Hamiltonian system

$$
\left\{\begin{array}{l}
J \dot{z}(t)=-B(t) z(t), \quad t \in[0, \tau] \\
z(0)=I_{2 n} .
\end{array}\right.
$$

Then $\gamma_{B} \in \mathcal{P}_{\tau}(2 n)$. Note that $\gamma_{B}^{k}$ satisfies

$$
\left\{\begin{array}{l}
J \dot{z}(t)=-B(t) z(t), \quad t \in[0, k \tau], \\
z(0)=I_{2 n} .
\end{array}\right.
$$

The $L_{0}$-index of $\gamma_{B}$ is denoted by $\left(i_{L_{0}}(B), \nu_{L_{0}}(B)\right)$, called the $L_{0}$-index pair with respect to $B$.
Moreover, if $z$ is a brake orbit of the system (1.1), set $B(t)=H^{\prime \prime}(z(t))$, denote by $\left(i_{L_{0}}(z), v_{L_{0}}(z)\right.$ ) the $L_{0}$-index of $\gamma_{B}$, called the $L_{0}$-index pair with respect to $z$.

See [17] for the Maslov-type index $\left(i_{1}(\gamma), v_{1}(\gamma)\right)$ of $\gamma \in \mathcal{P}(2 n)$. And we refer to [18] for the indices $\left(i_{\sqrt{-1}}^{L_{0}}(\gamma), v_{\sqrt{-1}}^{L_{0}}(\gamma)\right)$ and $\left(i_{\sqrt{-1}}^{L_{0}}(B), v_{\sqrt{-1}}^{L_{0}}(B)\right)$ for $\tau=1$.

Below are some basic results needed in this paper.
Lemma 2.1. ( [11]) For $\gamma \in \mathcal{P}(2 n)$, there hold

$$
i_{1}\left(\gamma^{2}\right)=i_{L_{0}}(\gamma)+i_{L_{1}}(\gamma)+n \quad \text { and } \quad v_{1}\left(\gamma^{2}\right)=v_{L_{0}}(\gamma)+v_{L_{1}}(\gamma) .
$$

Lemma 2.2. ([14]) Suppose $B(t) \in C\left([0,2], \mathcal{L}_{s}\left(\mathbb{R}^{2 n}\right)\right)$ with $B(t+2)=B(t)$ and $B(1+t) N=N B(1-t)$. If $B(t) \geq 0$ for all $t \in[0,2]$, then

$$
i_{L_{0}}(B)+v_{L_{0}}(B) \geq 0 \quad \text { and } \quad i_{\sqrt{-1}}^{L_{0}}(B) \geq 0 .
$$

Lemma 2.3. ([14]) Suppose $B(t) \in C\left([0,2], \mathcal{L}_{s}\left(\mathbb{R}^{2 n}\right)\right)$ with $B(t+2)=B(t)$ and $B(1+t) N=N B(1-t)$. If $B(t)=\left(\begin{array}{ll}S_{11}(t) & S_{12}(t) \\ S_{21}(t) & S_{22}(t)\end{array}\right) \geq 0$ and $\int_{0}^{1} S_{22}(t) \mathrm{d} t>0$, then $i_{L_{0}}(B) \geq 0$.

Lemma 2.4. ( [18]) The Maslov-type index iteration inequalities are presented below.
$1^{\circ}$ For $\gamma \in \mathcal{P}(2 n)$ and $k \in 2 \mathbb{N}-1$, there holds

$$
i_{L_{0}}\left(\gamma^{k}\right) \geq i_{L_{0}}\left(\gamma^{1}\right)+\frac{k-1}{2}\left(i_{1}\left(\gamma^{2}\right)+v_{1}\left(\gamma^{2}\right)-n\right)
$$

$2^{\circ}$ For $\gamma \in \mathcal{P}(2 n)$ and $k \in 2 \mathbb{N}$, there holds

$$
i_{L_{0}}\left(\gamma^{k}\right) \geq i_{L_{0}}\left(\gamma^{1}\right)+i_{\sqrt{-1}}^{L_{0}}\left(\gamma^{1}\right)+\left(\frac{k}{2}-1\right)\left(i_{1}\left(\gamma^{2}\right)+v_{1}\left(\gamma^{2}\right)-n\right) .
$$

Now we introduce the Sobolev space $E=W_{L_{0}}$ and its subspaces as in [10, 14].

$$
\begin{aligned}
E=W_{L_{0}} & =\left\{\left.z \in W^{\frac{1}{2}, 2}\left(\mathbb{R} / 2 \mathbb{Z}, \mathbb{R}^{2 n}\right) \right\rvert\, z(-t)=N z(t) \text { for a.e. } t \in \mathbb{R}\right\} \\
& =\left\{\left.z \in W^{\frac{1}{2}, 2}\left(\mathbb{R} / 2 \mathbb{Z}, \mathbb{R}^{2 n}\right) \right\rvert\, z(t)=\sum_{k \in \mathbb{Z}} \exp (k \pi t J) h_{k}, h_{k} \in L_{0}\right\} .
\end{aligned}
$$

For $m \in \mathbb{N}$, define

$$
\begin{aligned}
E^{ \pm} & =\left\{z \in W_{L_{0}} \mid z(t)=\sum_{ \pm k \in \mathbb{Z}} \exp (k \pi t J) h_{k}, h_{k} \in L_{0}\right\}, \\
E^{0} & =L_{0}, \\
E_{m} & =\left\{z \in W_{L_{0}} \mid z(t)=\sum_{k=-m}^{m} \exp (k \pi t J) h_{k}, h_{k} \in L_{0}\right\},
\end{aligned}
$$

and set $E_{m}^{+}:=E_{m} \cap E^{+}, E_{m}^{-}:=E_{m} \cap E^{-}$. Then $E=E^{0} \oplus E^{-} \oplus E^{+}$and $E_{m}=E^{0} \oplus E_{m}^{-} \oplus E_{m}^{+}$. Moreover $\left\{E_{m}, P_{m}\right\}$ forms a Galerkin approximation scheme of the unbounded self-adjoint operator $-J \frac{\mathrm{~d}}{\mathrm{~d} t}$ defined on $L^{2}\left([0,2] ; L_{0}\right)$, where $P_{m}: E \rightarrow E_{m}$ denotes the orthogonal projection. Furthermore, define the following bounded self-adjoint operator $\mathcal{A}$ on $E$

$$
\langle\mathcal{A} z, \zeta\rangle=\int_{0}^{2}-J \dot{z} \cdot \zeta \mathrm{~d} t, \quad z, \zeta \in W^{1,2}\left([0,2] ; L_{0}\right) \subseteq E,
$$

and, obviously, $\langle\mathcal{A} z, z\rangle=2\left(\left\|z^{+}\right\|^{2}-\left\|z^{-}\right\|^{2}\right), \mathcal{A} z=\mathcal{A} z^{+}-\mathcal{A} z^{-}, z \in E$.
Remark 2.1. ([1]) For $z \in E$, there holds $V(\vec{x}, \vec{y}) z \in E$. And for $z \in E_{m}$, we have $V(\vec{x}, \vec{y}) z \in E_{m}$. As for the Fourier expression for $V(\vec{x}, \vec{y}) z$, see [1] for details. Note that for $V$ defined in $(H 2)$ and $z \in E$, we have $V(z) \in E$. Moreover, a simple computation shows that

$$
\langle\mathcal{A} z, V(z)\rangle=\frac{1}{2}\langle\mathcal{A} z, z\rangle, \quad z \in E .
$$

In our case, assume $B(t) \in C\left([0,2], \mathcal{L}_{s}\left(\mathbb{R}^{2 n}\right)\right)$ satisfies $B(t+2)=B(t)$ and $B(1+t) N=N B(1-t)$, define the following bounded self-adjoint compact operator $\mathcal{B}$

$$
\begin{equation*}
\langle\mathcal{B} z, \zeta\rangle=\int_{0}^{2} B(t) z \cdot \zeta \mathrm{~d} t, \quad z, \zeta \in E \tag{2.1}
\end{equation*}
$$

For any $d>0$, denote by $M_{d}^{-}(\cdot), M_{d}^{0}(\cdot), M_{d}^{+}(\cdot)$ the eigenspaces corresponding to the eigenvalues $\lambda$ belonging to $(-\infty,-d],(-d, d),[d,+\infty)$ respectively. Set $(\mathcal{A}-\mathcal{B})^{\sharp}=\left(\mathcal{A}-\left.\mathcal{B}\right|_{\operatorname{Im}(\mathcal{A}-\mathcal{B})}\right)^{-1}$. The following result is crucial to esmiate the $L_{0}$-index.

Lemma 2.5. ( $[20,21])$ For $B(t) \in C\left([0,2], \mathcal{L}_{s}\left(\mathbb{R}^{2 n}\right)\right)$ satisfying $B(t+2)=B(t), B(1+t) N=N B(1-t)$ and $0<d \leq \frac{1}{4}\left\|(\mathcal{A}-\mathcal{B})^{\sharp}\right\|^{-1}$, there exists $m_{0}>0$ such that for $m \geq m_{0}$, we have

$$
\begin{aligned}
\operatorname{dim} M_{d}^{+}\left(P_{m}(\mathcal{A}-\mathcal{B}) P_{m}\right) & =m n-i_{L_{0}}(B)-v_{L_{0}}(B) . \\
\operatorname{dim} M_{d}^{-}\left(P_{m}(\mathcal{A}-\mathcal{B}) P_{m}\right) & =m n+n+i_{L_{0}}(B) . \\
\operatorname{dim} M_{d}^{0}\left(P_{m}(\mathcal{A}-\mathcal{B}) P_{m}\right) & =v_{L_{0}}(B) .
\end{aligned}
$$

## 3. Main results

As shown in $[10,14]$, searching for brake orbits for the system (1.3) can be transformed into finding critical points of the following functional

$$
g(z)=\frac{\tau}{2} \int_{0}^{2} H(z) \mathrm{d} t-\frac{1}{2}\langle\mathcal{A} z, z\rangle, \quad z \in E .
$$

By (H4), we have $g \in C^{2}(E, \mathbb{R})$, then, let us now set $g_{m}=\left.g\right|_{E_{m}}, m \in \mathbb{N}$. To find the critical points of $g_{m}$, we shall prove that $g_{m}$ satisfies the hypotheses of the homological link Theorem 4.1.7 in [22]. The following several lemmas are essential.

Lemma 3.1. If $H(z)$ satifies $(H 1),(H 3)$ and $(H 4)$, then the above functional $g$ satisfies $(P S)^{*}$ condition with respect to $\left\{E_{m}\right\}_{m \in \mathbb{N}}$, i.e., any sequence $\left\{z_{m}\right\} \subset E$ satisfying $z_{m} \in E_{m}, g_{m}\left(z_{m}\right)$ is bounded and $\nabla g_{m}\left(z_{m}\right) \rightarrow 0$ as $m \rightarrow+\infty$ possesses a convergent subsequence in $E$.

Proof. We follow the ideas in [3].
Let $\left\{z_{m}\right\}$ be a sequence such that $\left|g\left(z_{m}\right)\right| \leq c_{3}$ and $\nabla g_{m}\left(z_{m}\right) \rightarrow 0$ as $m \rightarrow \infty$, where $c_{3}>0$. To prove the lemma, it is enough to show that $\left\{z_{m}\right\}$ is bounded.

For $m$ large enough, by Remark 2.1 and (H3), we have

$$
\begin{aligned}
c_{3}+\left\|z_{m}\right\| & \geq g\left(z_{m}\right)-\left\langle\nabla g_{m}\left(z_{m}\right), V\left(z_{m}\right)\right\rangle \\
& =\frac{\tau}{2} \int_{0}^{2}\left(H\left(z_{m}\right)-\nabla H\left(z_{m}\right) \cdot V\left(z_{m}\right)\right) \mathrm{d} t \\
& \geq \frac{\tau}{2} \int_{0}^{2}\left(c_{1}\left|z_{m}\right|^{\beta}-c_{2}\right) \mathrm{d} t
\end{aligned}
$$

then there exists $c_{4}>0$ such that

$$
\begin{equation*}
\left\|z_{m}\right\|_{L^{\beta}} \leq c_{4}\left(1+\left\|z_{m}\right\|^{\frac{1}{\beta}}\right) . \tag{3.1}
\end{equation*}
$$

For large $m$, we have

$$
\begin{equation*}
\left\|z_{m}^{ \pm}\right\| \geq\left\|\left\langle\nabla g_{m}\left(z_{m}\right), z_{m}^{ \pm}\right\rangle\right\|=\left|\frac{\tau}{2} \int_{0}^{2} \nabla H\left(z_{m}\right) \cdot z_{m}^{ \pm} \mathrm{d} t-\left\langle\mathcal{A} z_{m}, z_{m}^{ \pm}\right\rangle\right| . \tag{3.2}
\end{equation*}
$$

By (3.2), (H4), Hölder's inequality and the embedding theorem, we obtain

$$
\begin{align*}
\left\|z_{m}^{ \pm}\right\|^{2} & = \pm \frac{1}{2}\left\langle\mathcal{A} z_{m}, z_{m}^{ \pm}\right\rangle \\
& \leq \frac{\tau}{4}\left|\int_{0}^{2} \nabla H\left(z_{m}\right) \cdot z_{m}^{ \pm} \mathrm{d} t\right|+\frac{1}{2}\left\|z_{m}^{ \pm}\right\| \\
& \leq c_{5} \int_{0}^{2}\left(\left|z_{m}\right|^{\lambda}+1\right)\left|z_{m}^{ \pm}\right| \mathrm{d} t+\frac{1}{2}\left\|z_{m}^{ \pm}\right\| \\
& \leq c_{5}\left(\int_{0}^{2}\left(\left|z_{m}\right|^{\lambda}\right)^{\frac{\beta}{\lambda}} \mathrm{d} t\right)^{\frac{\lambda}{\beta}}\left(\int_{0}^{2}\left|z_{m}^{ \pm}\right|^{\frac{\beta}{\beta-\lambda}} \mathrm{d} t\right)^{\frac{\beta-\lambda}{\beta}}+c_{5}\left\|z_{m}^{ \pm}\right\|_{L^{1}}+\frac{1}{2}\left\|z_{m}^{ \pm}\right\|  \tag{3.3}\\
& =c_{5}\left(\int_{0}^{2}\left|z_{m}\right|^{\beta} \mathrm{d} t\right)^{\frac{\lambda}{\beta}}\left(\int_{0}^{2}\left|z_{m}^{ \pm}\right| \frac{\beta}{\beta-\lambda} \mathrm{d} t\right)^{\frac{\beta-\lambda}{\beta}}+c_{5}\left\|z_{m}^{ \pm}\right\|_{L^{1}}+\frac{1}{2}\left\|z_{m}^{ \pm}\right\| \\
& \leq c_{6}\left(1+\left\|z_{m}\right\|_{L^{\beta}}^{\lambda}\right)\left\|z_{m}^{ \pm}\right\|,
\end{align*}
$$

where $\beta>\lambda \geq 1$ for (H3), (H4) and $c_{5}, c_{6}>0$ are suitable constants.
Combining (3.1) and (3.3), for $m$ large enough, there exists $c_{7}>0$ such that

$$
\begin{equation*}
\left\|z_{m}^{ \pm}\right\| \leq c_{7}\left(1+\left\|z_{m}\right\|^{\frac{1}{\beta}}\right) \tag{3.4}
\end{equation*}
$$

Set $\widehat{z}_{m}=z_{m}-z_{m}^{0}=z_{m}^{+}+z_{m}^{-}$. By (H4), (3.4) and the embedding theorem, we obtain

$$
\begin{align*}
\left|\int_{0}^{2}\left[H\left(z_{m}\right)-H\left(z_{m}^{0}\right)\right] \mathrm{d} t\right| & =\left|\int_{0}^{2} \int_{0}^{1} \nabla H_{z}\left(z_{m}^{0}+\widehat{s}_{m}\right) \cdot \widehat{z}_{m} \mathrm{~d} s \mathrm{~d} t\right| \\
& \leq \int_{0}^{2} 2^{\lambda} c_{8}\left(\left|z_{m}^{0}\right|^{\lambda}+\left|\widehat{z}_{m}\right|^{\lambda}+1\right) \widehat{z}_{m} \mid \mathrm{d} t  \tag{3.5}\\
& \leq c_{9}\left(1+\left\|z_{m}\right\|^{\lambda+\frac{\lambda}{\beta}}\right),
\end{align*}
$$

where $c_{8}, c_{9}>0$ are suitable constants. From (3.4) and (3.5), we see

$$
\begin{align*}
\frac{\tau}{2} \int_{0}^{2} H\left(z_{m}^{0}\right) \mathrm{d} t & =g\left(z_{m}\right)+\frac{1}{2}\left\langle\mathcal{A} z_{m}, z_{m}\right\rangle-\frac{\tau}{2} \int_{0}^{2}\left[H\left(z_{m}\right)-H\left(z_{m}^{0}\right)\right] \mathrm{d} t  \tag{3.6}\\
& \leq c_{10}\left(1+\left\|z_{m}\right\|^{\lambda+\frac{\lambda}{\beta}}\right),
\end{align*}
$$

where $c_{10}>0$. From (H3), it follows that

$$
\begin{equation*}
\int_{0}^{2} H\left(z_{m}^{0}\right) \mathrm{d} t \geq \int_{0}^{2}\left(c_{1} \mid z_{m}^{0} \beta^{\beta}-c_{2}\right) \mathrm{d} t \tag{3.7}
\end{equation*}
$$

From (3.6) and (3.7), we see that

$$
\begin{equation*}
\left|z_{m}^{0}\right| \leq c_{11}\left(1+\left\|z_{m}\right\|^{\frac{1+1 \beta}{\beta^{2}}}\right) \tag{3.8}
\end{equation*}
$$

where $c_{11}>0$. From (3.4), (3.8) and $\frac{\lambda+\lambda \beta}{\beta^{2}}<1$, we see $\left\{z_{m}\right\}$ is bounded.
For $u_{0} \in E_{1}^{+}$with $\left\|u_{0}\right\|=1$, define $S=\left(E^{-} \oplus E^{0}\right)+u_{0}$.
Lemma 3.2. If $H(z)$ satifies (H1),(H4) and (H5), then there exists $\tilde{\tau}>0$ such that for $\tau \geq \tilde{\tau}$, there holds $\inf _{S} g>0$.
Proof. The ideas come from [23].
For $z \in S$, we have

$$
\begin{equation*}
g(z)=\frac{\tau}{2} \int_{0}^{2} H(z) \mathrm{d} t+\left\|z^{-}\right\|^{2}-1 \tag{3.9}
\end{equation*}
$$

There exist two cases to be considered.
Case (i) If $\left\|z^{-}\right\|>1$, then by (H5), we have

$$
g(z)=\frac{\tau}{2} \int_{0}^{2} H(z) \mathrm{d} t+\left\|z^{-}\right\|^{2}-1>0
$$

Case (ii) If $\left\|z^{-}\right\| \leq 1$, set $\Omega=\left\{z \in S \mid\left\|z^{-}\right\| \leq 1\right\}$, then $\Omega$ is weakly compact and convex.
Since the functional $z \mapsto \int_{0}^{2} H(z) \mathrm{d} t$ is weakly continuous, then the functional achieves its minimum on $\Omega$, assume the minimum is $\sigma$ achieved at $u^{-}+u_{0} \in S$. Since $u_{0} \neq 0$, we have $u^{-}+u_{0} \neq 0$, then $\sigma>0$ by (H5).

Set $\tilde{\tau}=\frac{2}{\sigma}$, for $\tau>\tilde{\tau}$, by (3.9), we have

$$
g(z) \geq \frac{\tau \sigma}{2}-1>0
$$

Therefore, the lemma holds.

Choose $\mu>0$ large enough such that $\sigma_{i}=\frac{\mu}{1+\gamma_{i}}>1$ and $\tau_{i}=\frac{\mu}{1+\frac{1}{\gamma_{i}}}>1$. For $\rho>0$, we set

$$
L_{\rho}(z)=\left(\rho^{\sigma_{1}-1} p_{1}, \cdots, \rho^{\sigma_{n}-1} p_{n}, \rho^{\tau_{1}-1} q_{1} \cdots, \rho^{\tau_{n}-1} q_{n}\right),
$$

where $z=\left(p_{1}, \cdots, p_{n}, q_{1}, \cdots, q_{n}\right) \in E$. Note that $L_{\rho}$ is well-defined on $E$ by Remark 2.1. The operator $L_{\rho}$ is linear bounded and invertible and $\left\|L_{\rho}\right\| \leq 1$, if $\rho \leq 1$.

For any $z=z^{0}+z^{-}+z^{+} \in E$, we have

$$
\begin{equation*}
\left\langle\mathcal{A} L_{\rho} z, L_{\rho} z\right\rangle=\rho^{\mu-2}\langle\mathcal{A} z, z\rangle=2 \rho^{\mu-2}\left(\left\|z^{+}\right\|^{2}-\left\|z^{-}\right\|^{2}\right) . \tag{3.10}
\end{equation*}
$$

Lemma 3.3. If $H$ satisfies (H2), then there exists $\rho>1$ large enough such that $\sup _{L_{\rho}(\partial Q)} g<0$, where $Q=\left\{z \in E^{+} \mid\|z\| \leq \rho\right\}$.

Proof. For any $\epsilon>0$, by (H2), there exists $M_{\epsilon}$ such that

$$
\begin{equation*}
H(z) \leq \epsilon \sum_{i=1}^{n}\left(\left|p_{i}\right|^{1+\gamma_{i}}+\left|q_{i}\right|^{1+\frac{1}{\gamma_{i}}}\right)+M_{\epsilon}, \quad z \in \mathbb{R}^{2 n} . \tag{3.11}
\end{equation*}
$$

For $z \in \partial Q$, from (3.10) and (3.11), we have

$$
\begin{align*}
g\left(L_{\rho} z\right)= & \frac{\tau}{2} \int_{0}^{2} H\left(L_{\rho} z\right) \mathrm{d} t-\frac{1}{2}\left\langle\mathcal{A} L_{\rho} z, L_{\rho} z\right\rangle \\
\leq & \frac{\tau \varepsilon}{2} \sum_{i=1}^{n} \int_{0}^{2}\left(\rho^{\left(\sigma_{i}-1\right)\left(1+\gamma_{i}\right)}\left|p_{i}\right|^{1+\gamma_{i}}+\rho^{\left(\tau_{i}-1\right)\left(1+\frac{1}{\gamma_{i}}\right)}\left|q_{i}\right|^{1+\frac{1}{\gamma_{i}}}\right) \mathrm{d} t  \tag{3.12}\\
& +M_{\epsilon} \tau-\rho^{\mu} \\
\leq & \left(n \tau \epsilon c_{12}-1\right) \rho^{\mu}+M_{\epsilon} \tau
\end{align*}
$$

where $c_{12}>0$ is the embedding constant.
Choose $\epsilon>0$ such that $n \tau \epsilon c_{12}<1$, then for $\rho>1$ large enough, we have $\sup _{L_{\rho}(\partial Q)} g<0$.
Lemma 3.4. Set $S_{m}=S \cap E_{m}$ and $Q_{m}=Q \cap E_{m}$. For $\rho>1$ defined as above, we have $L_{\rho}\left(\partial Q_{m}\right)$ and $S_{m}$ homologically link.

Proof. Since $\rho>1, \rho>\left\|L_{\rho}^{-1}\right\|=\left\|L_{\frac{1}{\rho}}\right\|$. By direct computation, we can check that $P L_{\rho}: E^{+} \rightarrow E^{+}$is liner, bounded and invertible (see [24]). Let $\widetilde{P}_{m}: E_{m} \rightarrow E_{m}^{+}$be the orthogonal projection. Note that $L_{\rho}\left(E_{m}\right) \subset E_{m}$ by Remark 2.1, then $\left.\left(\widetilde{P}_{m} L_{\rho}\right)\right|_{E_{m}}: E_{m}^{+} \rightarrow E_{m}^{+}$is also linear, bounded and invertible.

Then the assertion follows from Lemma 2.8 in [3].
Theorem 3.1. Assume $H$ satisfies (H1)-(H5), then there exists $\tilde{\tau}>0$ such that for $\tau \geq \tilde{\tau}$, the system (1.3) possesses a nontrivial 2-periodic brake orbit $z$ satisfying

$$
\begin{equation*}
i_{L_{0}}(z, 1) \leq 0 . \tag{3.13}
\end{equation*}
$$

Proof. The proof is standard, we proceed as that in $[10,14]$.
For any $m \in \mathbb{N}$, Lemmas 3.1-3.4 show that $g_{m}=\left.g\right|_{E_{m}}$ satisfies the hypotheses of the homological link Theorem 4.1.7 in [22], so $g_{m}$ possesses a critical point $z_{m}$ satisfying

$$
\begin{equation*}
0<\inf _{S} g \leq g\left(z_{m}\right) \leq \sup _{L_{\rho}(Q)} g . \tag{3.14}
\end{equation*}
$$

By Lemma 3.1, when $\tau \geq \tau_{0}$, we may suppose $z_{m} \rightarrow z \in E$ as $m \rightarrow \infty$, then $g(z)>0$ and $\nabla g(z)=0$. By (H5), we see the critical point $z$ of $g$ is a classical nontrivial 2-periodic brake orbit of the system (1.3).

Now we show (3.13) holds. Let $\mathcal{B}$ be the operator for $B(t)=\frac{\tau}{2} H_{z z}^{\prime \prime}(z(t))$ defined by (2.1), then

$$
\begin{equation*}
\left\|g^{\prime \prime}(x)-(\mathcal{B}-\mathcal{A})\right\| \rightarrow 0 \quad \text { as } \quad\|x-z\| \rightarrow 0, \quad x \in E . \tag{3.15}
\end{equation*}
$$

By (3.15), there exists $r_{0}>0$ such that

$$
\left\|g^{\prime \prime}(x)-(\mathcal{B}-\mathcal{A})\right\|<d, \quad x \in B_{r_{0}}=\left\{x \in E \mid\|x-z\| \leq r_{0}\right\}
$$

where $d=\frac{1}{4}\left\|(B-A)^{\sharp}\right\|^{-1}$.
Hence, for $m$ large enough, there holds

$$
\begin{equation*}
\left\|g_{m}^{\prime \prime}(x)-P_{m}(\mathcal{B}-\mathcal{A}) P_{m}\right\|<\frac{d}{2}, \quad x \in B_{r_{0}} \cap E_{m} . \tag{3.16}
\end{equation*}
$$

For $x \in B_{r_{0}} \cap E_{m}$ and $w \in M_{d}^{+}\left(P_{m}(\mathcal{B}-\mathcal{A}) P_{m}\right) \backslash\{0\}$, (3.16) implies that

$$
\begin{aligned}
\left\langle g_{m}^{\prime \prime}(x) w, w\right\rangle & \geq\left\langle P_{m}(\mathcal{B}-\mathcal{A}) P_{m} w, w\right\rangle-\left\|g_{m}^{\prime \prime}(x)-P_{m}(\mathcal{B}-\mathcal{A}) P_{m}\right\| \cdot\|w\|^{2} \\
& \geq \frac{d}{2}\|w\|^{2}>0 .
\end{aligned}
$$

Then

$$
\begin{equation*}
\operatorname{dim} M^{+}\left(g_{m}^{\prime \prime}(x)\right) \geq \operatorname{dim} M_{d}^{+}\left(P_{m}(\mathcal{B}-\mathcal{A}) P_{m}\right), \quad x \in B_{r_{0}} \cap E_{m} . \tag{3.17}
\end{equation*}
$$

Note that

$$
\begin{align*}
\operatorname{dim} M_{d}^{-}\left(P_{m}(\mathcal{B}-\mathcal{A}) P_{m}\right) & =\operatorname{dim} M_{d}^{+}\left(P_{m}(\mathcal{A}-\mathcal{B}) P_{m}\right), \\
\operatorname{dim} M_{d}^{0}\left(P_{m}(\mathcal{B}-\mathcal{A}) P_{m}\right) & =\operatorname{dim} M_{d}^{0}\left(P_{m}(\mathcal{A}-\mathcal{B}) P_{m}\right) . \tag{3.18}
\end{align*}
$$

By (3.17), (3.18) and the link theorem 4.1.7 in [22], for large $m$, we have

$$
\begin{aligned}
m n=\operatorname{dim} Q_{m} & \leq m\left(z_{m}\right)+m^{0}\left(z_{m}\right) \\
& \leq \operatorname{dim} M_{d}^{-}\left(P_{m}(\mathcal{B}-\mathcal{A}) P_{m}\right)+\operatorname{dim} M_{d}^{0}\left(P_{m}(\mathcal{B}-\mathcal{A}) P_{m}\right) \\
& =m n-i_{L_{0}}(z, 1)
\end{aligned}
$$

Hence, we obtain $i_{L_{0}}(z, 1) \leq 0$.
Theorem 3.2. Assume $H$ satisfies (H1)-(H6), then there exists $\tilde{\tau}$ such that for $\tau \geq \tilde{\tau}$, the system (1.3) possesses a nontrivial brake orbit $z$ with minimal period 2 or 1 .

Proof. The idea stems from [14], we proceed roughly.
For the nontrivial symmetric 2-periodic brake orbit $z$ obtained in Theorem 3.1, assume its minimal period $\frac{2}{k}$ for some nonnegative integer $k$. Denote by $\gamma_{z, \frac{1}{k}}$ and $\gamma_{z}$ the corresponding symplectic path on the interval $\left[0, \frac{1}{k}\right]$ and $[0,1]$ respectively, then $\gamma_{z}=\gamma_{z, \frac{1}{k}}^{k}$.

As shown in [14], we have the $L_{1}$-index estimate

$$
\begin{equation*}
i_{L_{1}}\left(\gamma_{z, \frac{1}{k}}\right)+v_{L_{1}}\left(\gamma_{z, \frac{1}{k}}\right) \geq 1 \tag{3.19}
\end{equation*}
$$

By (H6), we see $B(t)=H^{\prime \prime}(z(t))$ is semipositive, Lemmas 2.1 and 2.2 and Eq (3.19) imply that

$$
\begin{equation*}
i_{1}\left(\gamma_{z, \frac{1}{k}}^{2}\right)+v_{1}\left(\gamma_{z, \frac{1}{k}}^{2}\right)-n=i_{L_{0}}\left(\gamma_{z, \frac{1}{k}}\right)+v_{L_{0}}\left(\gamma_{z, \frac{1}{k}}\right)+i_{L_{1}}\left(\gamma_{z, \frac{1}{k}}\right)+v_{L_{1}}\left(\gamma_{z, \frac{1}{k}}\right) \geq 1 . \tag{3.20}
\end{equation*}
$$

By Lemmas 2.2 and 2.3, we see

$$
\begin{equation*}
i_{L_{0}}\left(\gamma_{z, \frac{1}{k}}\right) \geq 0 \quad \text { and } \quad i_{\sqrt{-1}}^{L_{0}}\left(\gamma_{z, \frac{1}{k}}\right) \geq 0 \tag{3.21}
\end{equation*}
$$

If $k$ is odd, by Lemma 2.4, we see

$$
\begin{equation*}
i_{L_{0}}\left(\gamma_{z}\right) \geq i_{L_{0}}\left(\gamma_{z, \frac{1}{k}}\right)+\frac{k-1}{2}\left[i_{1}\left(\gamma_{z, \frac{1}{k}}^{2}\right)+v_{1}\left(\gamma_{z, \frac{1}{k}}^{2}\right)-n\right] \tag{3.22}
\end{equation*}
$$

From (3.13), (3.20)-(3.22), we see $k=1$.
If $k$ is even, If $k$ is even, by Lemma 2.4, we see

$$
\begin{equation*}
i_{L_{0}}\left(\gamma_{z}\right) \geq i_{L_{0}}\left(\gamma_{z, \frac{1}{k}}\right)+i_{\sqrt{-1}}^{L_{0}}\left(\gamma_{z, \frac{1}{k}}\right)+\left(\frac{k}{2}-1\right)\left[i_{1}\left(\gamma_{z, \frac{1}{k}}^{2}\right)+v_{1}\left(\gamma_{z, \frac{1}{k}}^{2}\right)-n\right] . \tag{3.23}
\end{equation*}
$$

From (3.13), (3.20), (3.21) and (3.23), we have $k=2$.

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## Conflict of interest

The authors declare there is no conflicts of interest.

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