



Minireview

Protein aggregation in neurodegenerative disease: the nucleolar connection

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Abstract: Protein- and sometimes RNA-containing aggregates are a hallmark of many age-related neurodegenerative diseases. Aggregate depositions can be cytoplasmic, nuclear and even extracellular. This article focuses on nuclear aggregation and the potential role of a specific compartment—the nucleolus, in the process. The nucleolus is a formation site of nucleolar aggresomes—protein and RNA aggregates formed *in vitro* by hampered proteasome function. Whether the nucleolar aggresomes are connected to nuclear aggregation involved in certain neurodegenerative diseases is an intriguing question for future studies. In addition, recent evidence connecting aggregation and aggregate sorting in the cytoplasm to membrane-enveloped organelles, namely ER and mitochondria, raises the question whether nuclear aggregation and aggregate positioning is controlled by different mechanisms or by the only membrane available—the nuclear membrane.

Keywords: neurodegenerative disease; nucleolus; proteasome; aggresome; aggregation

1. Introduction

Physiological health and life span depend on maintenance of protein homeostasis, proteostasis [1]. Adaptive protein quality control system detects non-functional and potentially harmful misfolded proteins and promotes their refolding by chaperones and/or their degradation by proteolysis [2,3]. Protein degradation of misfolded proteins takes place by two main mechanisms: ubiquitin-proteome system (UPS) and autophagy [4,5], with UPS degrading misfolded proteins and small aggregates, as autophagy is considered to take care of larger aggregates and cytoplasmic aggresomes.

Certain proteins have an intrinsic tendency to aggregate, which often involves naturally unstructured domains [6]. In addition, the tendency of a certain protein to aggregate may be increased through disorder-promoting changes in the amino acid sequence. Thus, protein aggregation

is in most cases increased due to stress or mutation. Aggregation can be cytoprotective by preventing harmful functions of misfolded proteins. Presence of aggregated proteins, however, has detrimental effects to cells by e.g. decreasing cell proliferation [7]. The aggregates also inhibit the function of the UPS [8]. This may be due to both physical clogging of the proteasomes by aggregated substrates that cannot be degraded [9] and indirect inhibition of the proteasomes [10,11]. This further magnifies the problem, and the aggregates increase. Often, when the capacity of the proteostasis system is exceeded, aggregation is harmful and the aggregates can become cytotoxic [2,5].

Ability of cells and tissues to maintain proteostasis declines with age. Furthermore, proteostasis failures contribute to a large group of protein misfolding, as aggregation diseases that are often age-related [1,12]. Although still debatable, disease aggregates are increasingly recognized as the cause of cytotoxicity in several neurodegenerative disorders including Alzheimer's, Parkinson's, and Huntington's diseases [12,13].

2. Composition of aggregates

Most often the neurodegenerative disease aggregates harbor a primary aggregating substance, such as amyloid beta in Alzheimer's disease or α -synuclein in Parkinson's disease. Several mutation mechanisms are known to promote aggregation formation and thus contribute to disease formation. These include e.g. polyglutamine (polyQ) repeats (involved in e.g. Huntington's disease (HD), spinocerebellar ataxias (SCAs), and spinal bulbar muscular atrophy (SBMA)), other amino acid repeats (e.g. polyalanine extensions in PABPN1 in oculopharyngeal muscular dystrophy (OPMD)), and even point mutations (e.g. SOD1 mutations in Amyotrophic lateral sclerosis (ALS)) [14,15].

Even when the aggregation is occurring due to mutation in one gene, the aggregates are not solely composed of the mutated protein. Rather, the aggregate composition is complex and most likely varies both due to mutating or stressful condition and the extent of aggregate/inclusion formation. The toxic inclusions formed by aggregating proteins often, if not always, also capture heat shock proteins and other proteins. Ubiquitin is frequently found in aggregates and impairment of UPS is likely connected to several of these diseases [13–15].

In certain inclusion diseases, the primary aggregating agent is not protein, but RNA [6,14]. The mechanism is similar to polyQ diseases in that the repeat expansion in the gene involved leads to a repeat-expanded product, often in a non-coding part of the RNA. These diseases include Fragile X tremor/ataxia syndrome (FXTAS), Friedreich's ataxia, and Myotonic dystrophies (DM1, DM2). RNA inclusions, so called ribonuclear foci, have been implicated also in SCAs 8, 10, and 31. Recently, it has also been recognized that species of RNA are included in many aggregates induced by expanded proteins [6]. Thus, a theme of combined protein-RNA aggregate is emerging [6,14,16].

Proteotoxic stress agents, such as proteasome inhibitors (PIs), can be used in cell culture assays to mimic the cellular aggregates in inclusion diseases [14]. In *S. cerevisiae*, it has been reported that only the persistence of protein aggregation was increased by proteasome inhibition, not the formation or sorting of the aggregates [17]. In mammalian cells, both cytoplasmic and nuclear PI-induced aggregates harbor ubiquitin, proteasome components and heat shock proteins [14]. In addition, at least the nucleolar PI-induced aggregates contain nuclear proteasome client proteins and RNA [14]. However, there may be differences in the formation of nuclear inclusions and their export between *in vivo* and *in vitro* cells. For example, differences may exist due to proliferation state and 2D- vs. 3D-environment of the cells.

3. Nuclear protein quality control

Disease-associated inclusions are often cytoplasmic, as in Alzheimer's or Parkinson's disease. However, more than 15 human degenerative diseases are known to involve nuclear inclusions, including polyQ repeat diseases, polyA repeat diseases, RNA-mediated diseases, subtypes of frontotemporal dementia, neuronal intranuclear inclusion disease, multiple system atrophy, and neuroferritinopathy [15]. Nuclear inclusions are detected in diseases such as Huntington's disease and certain SCAs [14].

Cytoplasmic aggregates and their clearance by autophagy have been intensively studied recently [4], but not much is known about the clearance of nuclear aggregates. Autophagy is not present in the nucleus, and the primary machinery for nuclear protein degradation is UPS. Chaperones, ubiquitin-protein ligases, and proteasomes are present in the nucleus, through which nuclear protein quality control functions [2,5]. Several nuclear compartments have been studied in relation to protein quality control and degradation, especially PML-bodies [5,15]. PML-bodies, named after promyelocytic leukemia protein, have several implicated roles in DNA repair, transcriptional regulation, senescence and apoptosis [18]. They also contain proteasomal particles, ubiquitin, multiple chaperones, and misfolded or metastable proteins, and are implicated in sequestering protein aggregates from the nucleoplasm [5]. When protein quality control system is exceeded, proteins accumulate to stress granules in the cytoplasm, but the corresponding events in the nucleus are not as well resolved [5]. Recently, a possible role for the nucleolus in nuclear protein accumulation events has been indicated.

In *S. cerevisiae*, a juxtannuclear quality control compartment (JUNQ) is associated with the nucleus and considered to localize within the cytoplasm, more specifically, within an indentation of nuclear membrane [19]. Recently, however, this was described to be in fact an intranuclear quality control compartment (INQ) to serve for deposition of both nuclear and cytosolic misfolded proteins [17]. In fact, there is data in yeast to suggest that some misfolded proteins are trafficked to nucleus for degradation [2]. A similar nuclear pathway for degradation of misfolded cytosolic proteins seems to exist also in mammalian cells [20]. Thus, intercompartmental organization of aggregated protein deposits seems to occur and this may be relevant for inclusion disease pathology. For example, Huntingtin is primarily localized in the cytoplasm, however, a polyQ-expanded form it localizes to nuclear inclusions [2].

Interestingly, high levels of polyQ expression and large aggregates are also connected with abnormal nuclear morphology, such as lobed and fragmented nuclei [21]. Expression of Q72-Huntingtin in mammalian cells induced formation of aggregates, as well as long fibrous structures associated with nuclear envelope [21,22], and induces focal distortion of the nuclear envelope [23]. Toxic effects of expanded proteins may also be mediated by increased membrane fragility and distort the regulation of ionic pathways in the nuclear membrane, as indicated for ataxin-1 [24].

4. Nucleoli in protein homeostasis

Nucleoli (Figure 1) are the ribosome factories of cells, formed around the transcription and maturation of ribosomal RNA. Recently, it has become clear that the nucleolus takes part in regulation of multiple cellular functions, which include reacting to several forms of cellular stress [25]. In

normal growth conditions the nucleoli are thought to lack proteasomes, and the nucleolus has not been directly linked to protein degradation. However, several chaperones and UPS components localize to nucleolus [5,26].

Several pieces of evidence indicate that the nucleolus takes part in aggregate formation and/or regulation in the nucleus [14]. In *S. cerevisiae*, nuclear INQ aggregates provoked by overexpression of aggregation prone proteins were found to always localize adjacent to nucleoli [17]. In mammalian cells, many repeat disease-associated proteins accumulate to nucleoli when overexpressed *in vitro*, and several disease-related inclusion proteins translocate to nucleolar aggresomes formed upon proteasome inhibition (Figure 1) [27]. The nucleolar aggresomes do not colocalize with nucleolar markers. Instead, they are surrounded by the normal components of the nucleoli [27], and are thus sometimes referred as being formed in nucleolar cavities [28–30]. In addition, nucleolar accumulation of ubiquitin, RNA, and proteasome components occurs in certain *in vitro* models for muscular dystrophies [14]. Proteasome inhibitor-provoked aggresomes also form in *ex vivo* prostate tissue [27], indicating that nucleolar aggresomes are not merely an *in vitro*-artifact, but can occur in a tissue environment.

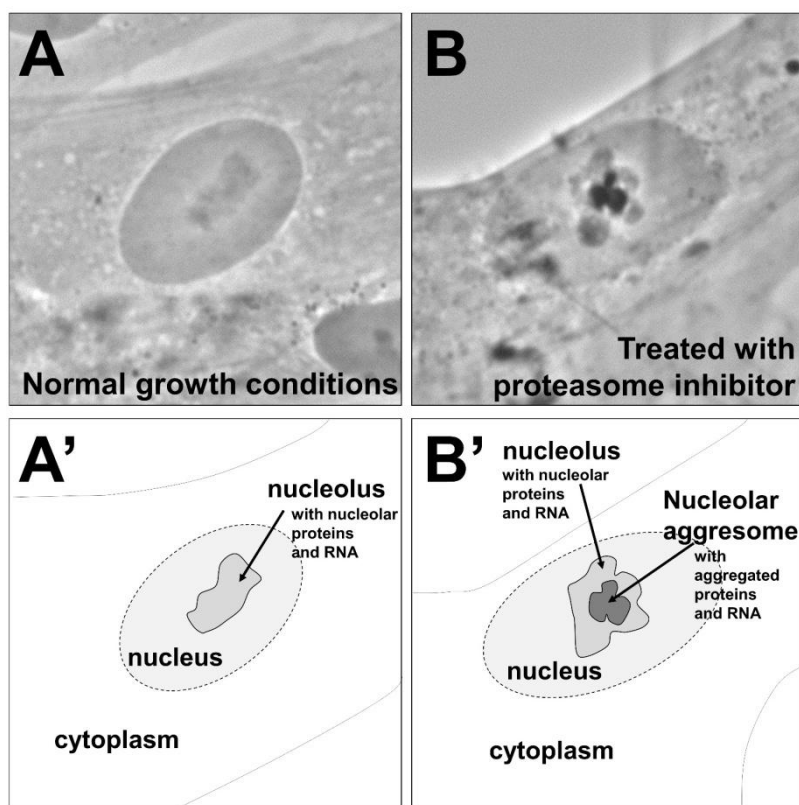


Figure 1. The appearance of nucleolar aggresomes in cultured cells. Human fibroblasts were either growing in normal culture conditions (A) or treated with proteasome inhibitor (MG132, 10uM, for 12 hours) (B). Bright-field images reveal changes in nucleolar structure by formation of an aggregate, a nucleolar aggresome, within the nucleolus by proteasome inhibition (compare A and B). Outlines of different structures in A and B are presented in A' and B', respectively

It is so far unclear why aggregation takes place in the nucleolus. Interestingly, in heat shock experiments, Hsp70, a chaperone often detected in aggregates, drives heat-unfolded nuclear proteins to the nucleolus during stress. This may allow refolding at permissive conditions in the nucleolus, and thus random aggregation of thermolabile proteins within the nucleoplasm might be prevented [31]. Another option is that the nucleolus somehow governs early aggregate formation in the nucleus.

In vivo, some nuclear disease inclusions (e.g. in ALS [32] and SBMA [33]) have been noted as often localizing adjacent to the nucleoli. The conventional 2D histology most often used is not suited to draw conclusions on 3D connections of cellular compartments, as with 2D sections any two components may reside in entirely different areas of the sections depending on their relative orientation to the section cut. It is possible that the cut orientation, single slices usually visualized, and lack of nucleolar markers have not allowed detection of possible nucleolar connections for most of the aggregates. Thus, it is currently unresolved whether in tissue material the nuclear aggregates form in connection with nucleoli.

5. The functional consequences of nucleolar protein aggregation

A variety of changes in nucleolar morphology and functions have been detected in neurodegenerative diseases, including reduced nucleolar size, reduced rRNA transcription, increased oxidation of rRNA, and silencing of rDNA [33,35]. Whether some of these changes are related to protein aggregates is often indirect or lacking. Treatments with proteasome inhibitors inducing nucleolar aggregates can alter nucleolar morphology, but what is their effect on nucleolar activity? Measurements of nuclear activity have been performed in cultured cells treated by proteasome inhibition, resulting in indication that interference with proteasome degradation induces the accumulation of 90S preribosomes, alters the dynamic properties of a number of processing factors, slows the release of mature rRNA from the nucleolus, and leads to the depletion of 18S and 28S rRNAs [36]. Modulating levels or activities of certain proteins aggregating to nucleoli upon proteasome inhibition have an effect to rRNA biogenesis [29]. However, for example siRNA downregulation experiments target cannot distinguish between effects of aggregated and non-aggregated populations of the proteins in question. Thus, the functional effects of nucleolar aggregates and the relationship between the aggregates and altered ribosome biogenesis remain important subjects of investigation.

6. Getting rid of aggregates

In replicating cells, to decrease the damaging and growth-slowing effects of aggregates in a population of cells, aggregates are asymmetrically inherited. This means that in cell division the aggregates are destined to only one daughter cell, which leaves the other daughter cell healthier. Recent studies in yeast have shed light on asymmetrical inheritance of protein aggregates [5,37,38]. In yeast, it has recently been studied how aggregates are directed to stay in the mother cell and not to end up in the daughter cell. An actin-based movement pushing the aggregates away from the bud in yeast was reported [39], however, this was recently challenged by a surprising link of aggregates with mitochondria directed to stay in the mother cell [40]. Connected to the recent finding in a mammalian stem cell model that aged and potentially damaged mitochondria are directed to the daughter cell not inheriting stemness [41]. This paints a picture where asymmetric inheritance of aggregates is, if not

directed by, at least connected with that of used mitochondria [42]. Zhou et al. [40] also showed that aggregate formation in *S. cerevisiae* requires *de novo* protein synthesis and the aggregates form tethered to ER. Some of the aggregates are already tethered to mitochondria in this early phase, and most are anchored to mitochondria later after initial formation [40].

In mammals, problems arising from aggregate depositions manifest most severely in postmitotic cells that lack the ability to remove aggregates during cell division. This, and their supposed relatively high metabolic activity, is why mostly neurons are the ones giving symptoms. Post-replicative cells have, according to current knowledge, no way to get rid of the aggregates as soon as they have reached a size or other qualities beyond the capacity of both UPS and autophagocytosis. Moreover, whether aggregates formed initially in the nucleus are somehow transported to cytoplasm – or the other way around – in attempts to degrade them or protect certain compartments from the deleterious effects is still very much unresolved. Whether nuclear aggregates also tether to membranes is uninvestigated. As the nuclei lack membrane-enveloped organelles, the main suspect would be the nuclear membrane.

7. Concluding remarks

It is evident that the role and mechanisms of the nucleoli as aggregation sites are far from resolved. Whether the nucleoli take part in the protein and/or RNA quality control in a manner that is relevant for neurodegenerative diseases remains to be thoroughly investigated. Especially the recent evidence of mitochondria taking part in aggregate sorting during asymmetric cell division and connections with cytoplasmic aggregates with ER and nuclear membrane pose questions to how these events are controlled in the nucleus. The membrane component is lacking from the nucleoli, indicating a separate mechanism to anchor nucleolar aggregates than the cytoplasmic ones, unless connections of nuclear membrane and nucleoli prove systematic and lie behind the aggregates tethering in the nucleoli.

Conflict of Interest

Author declares no conflicts of interest in this paper.

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