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Review

# Reversible peptide oligomerization over nanoscale gold surfaces

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**Abstract:** A selective oligomeric formation of amyloid beta 1–40 ( $A\beta_{1-40}$ ) monomers over a nanogold colloidal surface was investigated. An unfolded  $A\beta_{1-40}$  monomer is considered to construct a dimer or trimer based oligomeric form with its hydrophobic segment placing outward under an acidic condition. Under a basic condition, a conformation of  $A\beta$  is expected to take a folded monomeric form with its hydrophilic segment folded inward, avoiding the networking with residual colloidal particles. The most probable oligomeric form constructed over a 20 nm gold colloidal surface within a 25 °C to 65 °C temperature range is a dimer based unit and that over 30 or 40 nm gold colloidal surface below 15 °C is concluded to be a trimer based unit. However, selective oligomerization was not successfully reproduced under the rest of the conditions. A dipole-induced dipole interaction must cause a flexible structural change between folded and unfolded forms.

Keywords: amyloid beta; protein folding; nanoparticles; self-assembly; oligomers

## 1. Introduction

Oligomers can be regarded as molecular complexes composed of multiple subunits of polypeptide chains through non-covalent bonding with discrete protein-like structures, and they serve as valuable models for understanding the details of protein functions. Relatively little is known about the structure of oligomeric forms, and an investigation of the amyloid beta  $(A\beta)$  oligomeric form is quite important in order to control fibrillogenesis, which is regarded as a hallmark of Alzheimer's disease [1,2,3]. (The full sequence of  $A\beta_{1-40}$  is: H<sub>2</sub>N-DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVV-COOH.) Oligomerization is essentially a functional control, such as allosteric regulation and the establishment of higher-order

complexity. However, observing the details of oligomerization is a challenging task since oligomers can be unstable due to a local minimum of monomer elongation or aggregation processes, which possess relatively high  $\Delta G$  (Gibbs energy change). Furthermore, no specific study on the binding structure of  $A\beta$  with gold surface has been conducted and the detailed binding force, therefore, has not been identified. Based on the limited studies investigating the interactions of peptides with gold surfaces in an aqueous solution, adsorption of energies can be best estimated to be broadly ranging between -9 kcal/mol and -63 kcal/mol [4]. Therefore, it is quite difficult to focus on a major conformation which plays a key role in binding with the gold surface. Since oligomers are typically a heterogeneous ensemble consisting of a multitude of distinct characterizations and properties, a general characterization is extremely difficult to determine. The oligomerization may be incidental to protein activity in certain cases [5,6,7], and no one general mechanism can account for the process. Several mechanisms in different proteins may have taken place by different routes to create the oligomerization [6,8,9,10]. The oligomerization depends on environmental conditions, such as concentration, temperature, and pH. It can take place in response to a stimulus, such as a change in nucleotide binding, nucleotide hydrolysis or phosphorylation state. Such a change can have a dramatic effect on the affinity of the subunits for one another, often by orders of magnitude [5,6].

A majority of the proteins in a cell are oligomeric [11,12], but due to experimental constraints only the lower order of oligomeric protein structures has been studied [13]. The association between subunits can vary in strength and duration. The folding pathways of a number of monomeric proteins have been studied, including  $\beta$ -sheet proteins and caging structure [14–18]. Generally, thermodynamic mechanisms involving several different conformations of in vitro protein folding are complex phenomena and often occur with the assistance of molecular chaperones after the folded subunits are released from the chaperone [19–31]. Most *in vitro* studies center on the aggregation of Aβ monomers prepared in solution, and the important energetic role that exists at an interface during oligomerization has been underestimated [32]. An interfacial environment provides the significant contribution to a structural change of A $\beta$  [33]. The proteins immobilized at an interface can possess different properties than their counterparts dispersed in solutions [34-37]. The amount of specific surface field is enough to stabilize a structure which is not otherwise prepared at interface free environments. Secondary and tertiary structures of peptides under interfacial environments have been extensively studied [38–47]. A sheet structure was confirmed on fluorinated nanoparticles, and this observation implied that self-assembly over a nanoscale interfacial environment plays a key role in fibrillogenesis [47].

Our approach is to prepare a specific type of A $\beta$  oligomeric units on the surface of gold colloidal nanoparticles. The A $\beta$  is a relatively small key peptide with 40 to 42 amino acid sequences that eventually irreversibly forms an insoluble fibril. By altering external pH conditions, it is possible to create a reversible self-assembly process. We have been investigating the formation of oligomers of amyloid beta peptide over gold colloidal nanoparticles (10nm–100 nm) and it has proved to be the best template for selectively assembling a specific oligomeric unit [48,49,50]. The associated nanoscale structural information of this adsorbed A $\beta$  and the oligomeric form of A $\beta$  is then investigated [51–56]. Nanoscale surface properties affect the adsorption of the proteins present in biological fluids, leading to the so-called protein "corona", which determines the pharmacokinetic and pharmacodynamic properties of nanoparticles [9–12]. Site-specific targeting can be conveniently achieved by functionalizing the surface of nanoparticles with suitable ligands, such as small molecules or antibodies capable of recognizing receptors specifically located at the site of

interest [13,14,15]. The clarification of peptide-heavy metal interaction can be fully utilized to design a highly sensitive optical biosensor and can quantify heavy metal pollution under aqueous environments [57]. As a great advantage, the spectral feature of gold nanocolloidal particles can be used as a marker for identifying the conformational change of the A $\beta$ . A self-assembly of A $\beta$ found sequence, surface size, monomers was to possess its and temperature dependence.[48,54,55,58,59,60] The surface potential prepared over nanoscale materials revealed a high possibility of controlling the reversible self-assembly path of A<sup>β</sup> monomers.

#### 2. Amyloid Beta Attachment and Occupancy Ratio

The usage of A $\beta$  attached to gold colloidal particles allows for a spectroscopic study to be conducted. The peak position of the surface plasmon band depends on the conformation of peptide attached on the gold colloidal surface. We prepared the folded or unfolded conformation by setting the solution to be basic or acidic. The average peak position,  $\lambda_{peak}(pH)$ , of the observed band at a given pH is extracted by the weighted average of multi components as shown in Eqn. (1).

$$\lambda_{peak}(pH) = \sum_{i} a_i(pH)\lambda_i(pH) \tag{1}$$

Here,  $\lambda_i(pH)$  and  $a_i(pH)$  are the peak position and fraction of the *i*-th component band, and the fraction  $a_i$  was determined by the fraction of the area,  $A_i (a_i = A_i / \Sigma A_i)$  of the band to the total area of the entire bands. Then, the average peak position was surveyed as a function of pH, and the position of the peaks were plotted as a function of pH as shown in Figure 1a. It was analysed by a Boltzmann formula as shown in Eqn. (2).

$$\lambda_{peak}(pH) = \left[\lambda_{\min} - \lambda_{\max}\right] / \left\{1 + \exp\left[\left(pH - pH_o\right)/dpH\right]\right\} + \lambda_{\max}$$
<sup>(2)</sup>

Here, the value of pH<sub>o</sub> shows the point where a colour change takes place at which  $\lambda_{\text{peak}} = (\lambda_{\min} + \lambda_{\max})/2$ . The  $\lambda_{\min}$  and  $\lambda_{\max}$  stand for the minimum and maximum of the band peak positions, respectively. The *d*pH is defined as:  $dpH = (\lambda_{\max} - \lambda_{\min})/4\lambda_{\text{peak}}^{(1)}$ , where  $\lambda_{\text{peak}}^{(1)}$  is the first derivative of the  $\lambda_{\text{peak}}(pH)$ . Absorption of a collective excitation of the electrons at the interface between a conductor and an insulator is considered to account for the colour of the suspensions of these particles [61,62,63].

If the net anionic sites of the metal surface are neutralized by acid, an aggregation should be more enhanced, resulting in the solution's colour change to blue from red. As protein covers the colloidal surface more, the less negative net ionic charge can be achieved by a shielding effect shifting pH<sub>o</sub> to the higher value. For example, bare gold colloids (10nm–100 nm) change their colors at lower pHs (pH = 2–4) while A $\beta$  coated colloidal surface shows the colour change at pH = 4.5–6. The difference of pH<sub>o</sub> between bare gold ( $\Delta$ pH<sub>o</sub>) was plotted as a function of the size of gold (Figure 1b). The discontinuities were found every 40 nm (*i.e.*, 40 nm and 80 nm). This suggests that cage structure effectively closes as the diameter takes a multiple of 40 nm.



Figure 1. a) The observation of the peak positions as a function of pH. This plot was analysed by a Boltzmann model (sigmoidal) given in Eqn. (2). b)The size dependence of the  $\Delta pH_0$ . The difference of pH<sub>0</sub> between those with or without proteins was plotted as a function of gold colloidal size for  $A\beta_{1-40}$ .  $\Delta pH_0 = pH_0 (A\beta_{1-40} - \alpha nm) - pH_0 (gold \alpha nm)$ .

We have discovered a clear negative correlation between dpH and  $\Delta pH_o$ , where  $\Delta pH_o$  is the difference between  $pH_o$  (gold alone) and  $pH_o$  (A $\beta$  coated gold colloid). Also the effectiveness of the coverage is expected to increase as  $\Delta pH_o$  increases. The dpH is inversely proportional to  $\lambda_{peak}^{(1)}$ , the first derivative of the  $\lambda_{peak}(pH)$ , and the smaller value in dpH indicates the higher  $\lambda_{peak}^{(1)}$ . As A $\beta$  coverage or occupancy increases onto the gold surface,  $\Delta pH_o$  gets higher and the slope of curve at  $pH_o$  becomes steeper (*i.e.*, dpH gets smaller.) as illustrated in Figure 2a. The degree of coverage or



Figure 2. a) A schematic diagram explaining the shift of  $pH_0$  and an aggregation of gold colloidal particles. The  $pH_0$  values shifts to more basic position as the coverage of protein increased from i) to iii). The plot of  $dpH_0$  vs  $\Delta pH_0$  for b) various A $\beta$  sequences on 20 nm gold colloid and c) various gold colloidal surfaces of A $\beta_{1-40}$ .

occupancy of peptides reflects upon how much shielding of a partially negative charge of gold colloidal surface is obtained. By neutralizing the anionic sites of the metal surface, an aggregation is more enhanced and resulting in the solution's colour change to blue from red. If protein covers the nanocolloidal surface more, net ionic charge can be more shielded. It means that more coverage from the peptides requires a less acidic condition to neutralize the surface. Bare gold colloids change their colors at lower pHs (pH =  $\sim$  3) while peptide coated colloidal surfaces show the colour change at a pH = 4.5–6 depending on the degree of coverage. When *d*pH was examined for various A $\beta$  on 20 nm gold colloid, a clear sequence dependence was found (Figure 2b). Since A $\beta_{1.42}$  exhibited the smallest  $\Delta pH_0$ , it illustrated the least effective adsorption among the tested A $\beta$  sequences. On the other hand, A $\beta_{12-28}$  possessed the largest  $\Delta pH_0$  implying the most effective coverage among tested A $\beta$  sequences. This means that A $\beta_{12-28}$  contains an essential secondary structure required for adsorbing onto the gold colloidal surface. It is also noteworthy that A $\beta_{1.40}$  showed a relatively high  $\Delta pH_0$  (*i.e.*, more effective shielding). Considering that the hydrophilic segments (sequences 1–16) are used for networking with other monomers, the sequences of 17–40 must be a major section interacting with the colloidal surface.

We have examined the *d*pH value as a function of  $\Delta pH_o$  for variously sized gold colloids on  $A\beta_{1-40}$ . Remarkably, both plots showed a linear relationship as shown in Figure 2c. By assuming that  $\Delta pH_o$  and *d*pH maintain a linear relationship, a linear trend line given in Figure 2c shows that the peptide coverage ratio becomes 0 % at  $\Delta pH_o = 0$ , and an x-axis intercept indicates a  $\Delta pH_o$  value at the peptide coverage to be a ratio of 100% ( $\Delta pH_o = 2.11$  at dpH = 0). Thus,  $\Delta pH_o$  of each gold colloidal size enables us to estimate the coverage ratio as shown in Table 1. The peptides do not cover 100 % of the surface which indicates that the coverage may be monolayer. Furthermore, we calculated the coverage area for each gold colloid, and it showed a linear relationship with the size of the gold colloid and that there must be an equilibrium electrostatic shielding value for a given nanogold metal surface. The packing of these peptides must try to achieve a minimum potential energy on the surface of the gold by arranging themselves in a way that maximizes the occupancy of that sized particle.

Gold size (nm)	Coverage
5	0.43
10	0.66
15	0.86
20	0.77
30	0.80
40	0.89
50	0.63
60	0.64
80	0.85

Table 1. Estimated Aβ<sub>1-40</sub> coverage ratio over each nanogold surface.



Figure 3. The plot of radius of  $A\beta_{1-40}$  covered area versus size (diameter) of gold colloid.

#### 3. PH Induced Nano-Size Dependent Reversible Self-Assembly

In our study, folded or unfolded conformations were induced by an external pH condition change. The pH of the solution was repeatedly altered between pH 4 (unfolded) and pH 10 (folded) as the corresponding spectrum was collected. The identification of the pH change operation was given by "*n*", and n = 1 corresponds to the starting pH condition of solution (*e.g.*, approximately pH 7). The odd numbers of n ( $n_{odd} = 3, 5, 7,...$ ) indicated an operation of basic addition making the pH of solution to be pH 10, and even numbers of n ( $n_{even} = 2, 4, 6,...$ ) indicated an acidic addition (pH 4). The feature of the reversible self-assembly was represented by band peak position,  $\lambda_{peak}$  (n, T), for each gold colloidal size using Eqn. (3).

$$\lambda_{peak}(n,T) = A_T^d + B_T^d(n-1)^{C_T^d} + D_T^d e^{((n-1)E_T^d)} \cos(n\pi)$$
(3)

Here, *n* is an index showing the operation of the pH change.(n=1,2,3....; pH 10 at  $n_{odd}$ = 3, 5, 7,...; pH 4 at  $n_{even}$ = 2, 4, 6,...) An initial peak position at neutral pH (*i.e.*,  $\lambda_{peak}$ (n = 1, *T*)) is given by  $A_T^d - D_T^d$ , and the parameters  $B_T^d$  and  $C_T^d$  indicate the average shift of the wavelength between pH 4 and pH 10. The parameters  $D_T^d$  and  $E_T^d$  are designed to represent an "*amplitude of reversibility*" and a "*damping factor for the repetitive event*", respectively. The cosine function represents an undulation of  $\lambda_{peak}(n, T)$  between pH 4 and pH 10. Under a room temperature, most prominent quasi-reversible self-assembly was observed for A $\beta_{1-40}$  adsorbed on 20 nm gold among all tested sizes of gold colloidal nanoparticles ranging from 5 nm to 100 nm (See Figure 4).

A quasi-reversible feature in  $\lambda_{peak}$  is further clarified from an analysis utilizing TEM (Transmission Electron Microscopy). As for A $\beta_{1-40}$  coated gold colloid 20 nm, the morphology of the gold colloids exhibited a dispersed feature at basic conditions, whereas a significant aggregation was observed at acidic conditions as shown in the bottom images placed in Figure 5.



Figure 4. The demonstrations of peak position under two different cases of D parameters. Peak position  $\lambda_{peak}$  is plotted as a function of n. a) A $\beta_{1-40}$  coated 20 nm gold colloid (D > 5.5 nm), and b) A $\beta_{1-40}$  coated 15 nm gold colloid (D < 5.5 nm). The curves show the values predicted by Eqn. (3), and the squares below show the colours of each solution.



Figure 5. A resulted  $\lambda_{peak}$  as a function of pH for  $A\beta_{1-40}$  coated 20 nm gold colloid. Except for the n=1, the blue circle and red circles indicate the  $\lambda_{peak}$  after an injection of HCl and NaOH, adjusting the pH of the solution to pH 4 and pH 10, respectively. The dashed line is shown to provide a guide a trend of peak shift. At the above and beneath of plot, TEM images for n = 1 (pH 7), n = 2 (pH 4), n = 3 (pH 10), n = 7 (pH 10), n = 8 (pH 4), n = 13 (pH 10), n = 14 (pH 4), n = 20 (pH 4), and n = 21 (pH 10) are shown.

In order to investigate the number of particles consisting within an aggregate, TEM images were further analyzed by converting the image to data of pixel coordinates and corresponding color indices. The ratio of the area occupied by the particles (occupancy rate,  $\alpha$ ), and the estimated number of the particles (N) were calculated. As for A $\beta_{1-40}$  coated 20 nm gold colloid, a drastic change in  $\alpha$ and N were repetaedly observed as the condition was changed to acidic or basic [64]. This change clearly correlate with the oscillatory change of  $\lambda_{peak}$ . It is consistent with an assumption that the  $A\beta_{1-40}$  prepared on the gold surface under the acidic condition constructed an unfolded conformation and the terminal sequences sticking outward were used for networking with the other monomers. Folded conformations must be prepared and no sequences are considered to be placing outword for networking under basic conditions. The number of gold particles consisting of one cluster is very high at the initial stage of cycles, and it decreased as the acidic/basic operation was repetaed implying that  $A\beta_{1-40}$  was being denatured at the later stage of the cycles. In order to support the pH dependent repetitive structural change, a type of "pivotal structure model" is proposed as shown in Figure 6. In a pivotal structure model, a monomer of  $A\beta_{1-40}$  is roughly described with three sections as: A $\beta_{1-16}$  (hydrophilic section), A $\beta_{17-22}$  (pivotal section), and A $\beta_{22-40}$  (hydrophobic section). Here, the sequences between 17 and 22 play as a pivot to switch between fold and unfold conformation at basic or acidic conditions, respectively.



# Figure 6. a) Sketches of fold and unfold conformation of $A\beta_{1-40}$ monomer at the gold colloidal surface between pH 10 and pH 4, respectively. b) The sketches of surface adsorption of $A\beta_{1-40}$ over a nanogold colloidal surface at pH 10 and pH 4.

Under acidic conditions, the  $A\beta$  monomers coated over the colloidal surface are physically inter-connected with each other through the hydrophilic sequences. Remarkably, we did not observe any reversible aelf-assembly over silver nanocolloid's surfaces [64]. Considering that the

polarizability of silver (7.9 Å<sup>3</sup>) is larger than that of gold (6.1 Å<sup>3</sup>), a stronger binding of the peptide to the silver surface is plausible if an electrostatic interaction dominates the interface. The stronger polarizability of the silver interacted with both the hydrophilic and hydrophorbic segments and it prevented the peptide from forming the unfolded conformation even under acidic conditions.

#### 4. Nanoscale Surface Potential Induced Oligomeric Forms

The significant quasi-reversible feature was observed for A $\beta_{1-40}$ -coated 20 nm gold colloids between 20 °C and 45 °C (See Figure 7a). On the 30 nm and 40 nm gold colloidal surfaces,  $A\beta_{1-40}$ -monomers exhibited a prominent reversible self-assembly below 15 °C as shown in Fig 7b. It is known that  $A\beta_{1-40}$  monomers form  $\beta$ -sheets consisting of A $\beta$ -oligomers around pH 5.4 [65,66]. The hydrophilic portion of the sequences must be exposed outside in order to make a network with other Aβ-coated gold colloids under aqueous conditions. The hydrophobic portion must be used for bonding to the gold colloidal surfaces. Structures that converge into the unfolded conformation as the cycle proceeds, and the conformation of the hydrophobic sequences (18–40) may remain unaltered. On the other hand, the hydrophilic portion may fold or unfold at basic or acidic conditions, and the hydrophilic portion determines a degree of reversibility. The surface potential prepared by the 20 nm gold colloid can support a repeating folding/unfolding process without disturbing the organization of the network of oligomers. The rest of the gold colloid can only support the cage structure, in which some of the monomers are not fully organized due to the physical area limitation. Reversible self-assembly of A $\beta_{1-40}$  over 20 nm gold colloids was significantly enhanced 15 °C and above, whereas that over 30 or 40 nm gold colloid was observed at the 15 °C and below. This opposing temperature dependence suggests that a conformation created over the 20 nm colloidal surface and those created over 30 or 40 nm colloidal surfaces are thermochemically different. The MD (Molecular Dynamics) simulation of  $A\beta_{10-35}$  showed that the dimer concentration was maximized at 47 °C, while the maximum concentration of trimer was calculated to be at 17 °C [67]. Considering that A $\beta_{10-35}$  contains essential sequences of A $\beta_{1-40}$  to conduct a reversible self-assembly, we can conclude that the A $\beta_{1-40}$  dimer oligometric form is more dominant over the 20 nm colloidal surface and the A $\beta_{1-40}$  trimer form is enhanced at the 30 nm and 40 nm gold colloidal surface.

A key issue of a reversible self-assembly between the unfolded and the folded structure must be how much denaturization or damage to the  $\alpha$ -helix portion of the  $A\beta_{1-40}$  is minimized under an acidic condition. The hydrophilic segments (1–17) are responsible for the formation of  $\alpha$ -coil and the hydrophobic component (18–40) plays a major role for forming the  $\beta$ -sheet. A $\beta$  monomers placed at polar-nonpolar interfaces are considered to form the aggregates with  $\beta$ -structure rich conformations [68]. It is highly plausible that the hydrophilic segments are utilized for the networking between A $\beta$  monomers coated over gold colloids [69,70]. At the acidic condition, the unfolded form is expected to be taken with hydrophilic portion of A $\beta_{1-40}$  outward from the colloidal surface and networks with each other. In this case, an oligomeric form containing a  $\beta$ -pleated sheet must be structured. Thus, the hydrophobic tail must anchor on the gold colloidal surface. The hydrophobic segments of A $\beta_{1-40}$  used for binding to the gold surface are expected to remain relatively unaltered during the self-assembly, so that it must support a repetitive and quasi-organized structural change on the surface, keeping a stable frame structure. The formation of a multimeric  $\beta$ -sheet was found to span the central hydrophobic core sequences (17–21) [71]. Therefore, the formation of dimers or trimers can be the rate-limiting step for the networking between A $\beta$  oligomers formed over the gold surfaces. The binding enthalpy of  $A\beta$  to the anionic lipid membrane was reported to be endothermic, and this binding process is an entropy-driven reversible transition between random coil $\leftrightarrow\beta$ -sheet [72]. Since a dimer or trimer formations need to organize cage frame structure over the colloidal surface, it is considered to be a non-spontaneous and non-entropy driven process. However, we need to speculate that a  $\beta$ -sheet formation involving a unfolded conformation must earn a great amount of entropy which can overcome the negative contribution of entropy in a dimer or trimer formation.



Figure 7. The measurements of  $\lambda_{\text{peak}}$  between pH 4 and pH 10 for A $\beta_{1-40}$  coated on various gold colloidal sizes ranging from 10 nm to 100 nm at a) 45 °C and b) 5 °C. The dotted lines indicate the values predicted by Eqn. (3). The potential energy diagram for a self-assembly between folded (F) and unfolded (U) structure over a) 30 nm gold (trimer based oligomer is supported) and b) 20 nm gold (dimer based oligomer is supported).

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Figure 8. 3D plot for  $D_T^d$ -parameter (Eqn. 1) of various  $A\beta_{1-40}$ -coated gold colloid particles as a function of temperature.

Besides a particular nanosize dependence, another notable property of the self-assembly process of A $\beta_{1-40}$  coated on gold colloid particles is the temperature dependence and size specificity in the self-assembly channel. When the observed temperature was lowered below 10 °C, a quasi-reversible self-assembly process was clearly observed for A $\beta_{1-40}$  coated on 30 and 40 nm gold colloids. A quasi-repetitive oligomerization was observed for A $\beta_{1-40}$  coated on 20 nm gold colloids above 20 °C. Reversible self-assembly channels were opened up for A $\beta_{1-40}$  coated on 30 nm and 40 nm gold colloids under 20 °C [73]. Using Eqn. (3), a series of features of  $\lambda_{\text{peak}}$  (d, n, T) were analyzed for d =10–100 nm and T = 3–50 °C; and parameter  $D_T^d$  (*i.e.*, representation of reversibility amplitude) was plotted as a function of d and T, as shown in Figure 8. This 3D plot clearly shows that there are two distinctly different regions (A and B) that support reversible-self-assembly; and these two regions are different in gold size (d) and temperature (T), implying that two intrinsically different self-assembly channels (*i.e.*, two different oligomer units) exist. The two different oligomeric units prepared at region A and B in Figure 8 can be best explained by dimer and trimer units, respectively.

Our study showed that a reversible self-assembly process over a nanoscale surface depends on both the size of particle and temperature. A certain oligomer has a unique optimum condition of gold size and temperature for its formation. Thus, a potential barrier for a self-assembly must be minimized at a corresponding temperature for each size. The nucleation of A $\beta$  monomers follows the Arrhenius law and its activation energy was estimated to be 311.2 kJ mol<sup>-1</sup> at pH 7.4 over the temperature range from 0 °C to 45 °C [40,74,75]. Since a nucleation over the surface can gain surface potential from the gold colloid, the surface potential must lower the activation energy. The localized minima of the dimer form must exist with a relatively higher transition barrier between 5 °C and 45 °C. It is consistent with our observation, in which a reversible self-assembly took place within the potential created at the initial temperature condition. On the other hand, the relatively lower transition barrier was expected between 5 °C and 45 °C for A $\beta_{1.40}$  monomers coated over 30 or 40 nm gold colloidal surface. This is because a reversible self-assembly must be dominated by the final temperature.

#### 5. Conclusions

We investigated the interaction of the  $A\beta_{1-40}$  monomers with nanogold colloidal surfaces and the formations of oligomers. In aqueous conditions, the hydrophobic segment of  $A\beta_{1-40}$  is believed to be interacting with the gold surface. It was found that the surface area coverage can be determined by the size of the nanogold colloid. The coverage ratio was proportional to surface area. Since no full coverage was achieved within the size of gold colloid tested in this study, monolayer formation was speculated. Furthermore, two thermochemically different  $A\beta_{1-40}$  oligomer formation paths were identified over nanogold colloids. The potential surface over the 20 nm gold colloid supports dimer based oligomers, and trimer based oligomers were believed to be formed over the 30 or 40 nm gold colloid. While a relatively high barrier height was expected for dimer or trimer formation, nanoscale surface potential must enhance a formation of  $\beta$ -sheets resulting in a spontaneous oligomerization as an entropy driven process. Our study showed a high potential of selective formation of a particular oligomeric form by pairing a specific nanogold size and temperature condition.

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#### **Conflict of Interest**

The author declares that there is no conflict of interests regarding the publication of this paper.

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