



Research article

Clusters of alcohol abstainers and drinkers incorporating motives against drinking: a random survey of 18 to 34 year olds in four cities in four different continents

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Supplementary Table 1. Demographic characteristics of respondents.

	Ilorin	Montevideo	Moscow	Wuhan
Total (n)	1391	1600	1604	1657
Sex (% male)	48.2	49.5	48.0	51.2
Age (mean years)	25.1	25.8	26.2	25.2
Education (%)				
School	58.6	57.5	15.4	7.6
University	14.5	8.9	40.8	40.0
Marital status (%)	27.5	47.6	26.3	21.8
Student (%)	40.9	35.1	26.3	21.8
Employed (%)	42.8	68.4	72.0	70.8
Children (%)	31.4	42.9	33.1	34.7

Supplementary Table 2. Factor analysis pattern matrix—Ilorin, Nigeria^a.

	Component	
	1	2
	Intrinsic	Extrinsic
Motivation against – Because:	0.796	0.001
– I don't like the effect it has on me		
– Drinking could affect my work or school performance	0.674	0.217
– I have had alcohol problems/are afraid of becoming an alcoholic	0.665	–0.123
– I have seen bad examples of what alcohol can do	0.632	0.224
– I am too young	0.601	0.131
– Of the taste	0.589	–0.191
– I have been hurt by someone else's drinking	0.514	–0.166
– Drinking is too expensive or a waste of money	0.507	0.042
– For health reasons	0.459	0.175
Motivation against – Because:	0.152	0.800
– Of religious reasons		
– I was brought up not to drink	0.165	0.798
– My friends and/or family disapprove of me drinking	0.388	0.510
– I am just not interested	–0.215	0.471

Note: Extraction Method: Principal Component Analysis. Rotation Method: Oblimin with Kaiser Normalization. a. Rotation converged in 7 iterations.

Supplementary Table 3. Factor analysis pattern matrix—Montevideo, Uruguay^a.

	Component	
	1	2
	Intrinsic	Fear of effects
Motivation against – Because:	0.807	–0.177
– I am too young		
– My friends and/or family disapprove of me drinking	0.746	–0.112
– I was brought up not to drink	0.634	–0.014
– For health reasons	0.615	0.030
– I have had alcohol problems/are afraid of becoming an alcoholic	0.576	0.099
– Of religious reasons	0.513	0.044
– Drinking is too expensive or a waste of money	0.435	0.257
– I am just not interested	0.295	0.275
Motivation against – Because:	0.054	0.760
– I have seen bad examples of what alcohol can do		
– I have been hurt by someone else's drinking	0.036	0.714
– I don't like the effect it has on me	0.027	0.674
– Drinking could affect my work or school performance	0.255	0.495
– Of the taste	–0.143	0.467

Note: Extraction Method: Principal Component Analysis; Rotation Method: Oblimin with Kaiser Normalization. A.Rotation converged in 6 iterations.

Supplementary Table 4. Factor analysis pattern matrix—Moscow, Russia^a.

	Factor		
	1	2	3
	Situation	Fear	Justification
Please tell me how much a person in that situation should drink?	0.878	–0.091	0.083
For a woman out at bar with friends			
For a woman out with co-workers	0.867	–0.049	0.100
For a woman having dinner at home with her spouse or partner	0.767	0.016	0.032
For a man at out at a bar with friends	0.762	–0.042	–0.077
For a man having dinner at home with his spouse or partner	0.716	0.063	–0.003
For a man out with co-workers	0.713	0.019	–0.064
As a father, spending time with small children	0.348	0.098	–0.083
As a mother, spending time with small children	0.296	0.010	–0.028

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	Factor		
	1 Situation	2 Fear	3 Justification
Motivation against – Because:	0.029	0.684	0.090
– I have been hurt by someone else's drinking			
– For health reasons	–0.146	0.618	0.064
– I have seen bad examples of what alcohol can do	0.108	0.600	–0.071
– I don't like the effect it has on me	0.102	0.595	–0.102
– I have had alcohol problems/are afraid of becoming an alcoholic	–0.113	0.591	0.209
– Drinking could affect my work or school performance	–0.001	0.578	0.021
– My friends and/or family disapprove of me drinking	–0.042	0.561	–0.067
– Of the taste	0.036	0.473	–0.133
– I am too young	–0.027	0.470	–0.186
– I am just not interested	0.091	0.411	–0.357
– Drinking is too expensive or a waste of money	0.092	0.411	–0.252
– Of religious reasons	0.131	0.396	0.024
– I was brought up not to drink	0.180	0.390	–0.187
Please tell me whether you are agreeable to statement:	0.006	–0.008	0.853
– Drinking is one of the pleasures of life			
– Having a drink with someone is a way of being friendly	–0.012	0.014	0.792
– There is nothing good to be said about drinking	0.074	0.016	–0.644

Note: Extraction Method: Maximum Likelihood. Rotation Method: Oblimin with Kaiser Normalization. a. Rotation converged in 5 iterations.

Supplementary Table 5. Factor analysis pattern matrix—Wuhan, China^a.

	1	2
	Intrinsic/Extrinsic	Situation
Motivation against – Because:		
– I have had alcohol problems/are afraid of becoming an alcoholic	0.753	0.026
– My friends and/or family disapprove of me drinking	0.704	0.054
– I am too young	0.700	0.022
– I was brought up not to drink	0.677	–0.050
– Of religious reasons	0.676	0.051
– I have been hurt by someone else's drinking	0.659	0.081
– Drinking is too expensive or a waste of money	0.655	0.017
– Drinking could affect my work or school performance	0.637	0.022
– I have seen bad examples of what alcohol can do	0.606	–0.015
– For health reasons	0.554	0.029
– I don't like the effect it has on me	0.550	–0.042
– Of the taste	0.487	0.063
– I am just not interested	0.389	–0.143

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	1	2
	Intrinsic/Extrinsic	Situation
Please tell me how much a person in that situation should drink?		
For a woman having dinner at home with her spouse or partner	−0.104	−0.802
For a man having dinner at home with his spouse or partner	−0.105	−0.792
For a woman out at bar with friends	−0.020	−0.759
For a woman out with co-workers	−0.062	−0.740
For a man out with co-workers	−0.001	−0.719
For a man at out at a bar with friends	0.016	−0.709
As a mother, spending time with small children	−0.010	−0.527
As a father, spending time with small children	−0.029	−0.515
Please tell me whether you are agreeable to statement:		
– Having a drink with someone is a way of being friendly	−0.181	0.194
– Drinking is one of the pleasures of life	−0.158	0.189
– There is nothing good to be said about drinking	0.100	−0.144



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