



Research article

Developing the perceived social support scale for older adults: A mixed-method study

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Appendix

Table S1. The Perceived Social Support Scale.

Items	Very high	High	Low	Very low	No idea
1 I constantly communicate with my close people	5	4	2	1	3
2 If I need money, my close people lend me	5	4	2	1	3
3 There is a special person in my life that I share my most private feelings with her or him	5	4	2	1	3

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	Items	Very high	High	Low	Very low	No idea
4	My close people want me to be in their gatherings	5	4	2	1	3
5	To cope with my sorrows and troubles, I resort to religious practices (Pray, religious rituals, going to places of pilgrimage)	5	4	2	1	3
6	I feel that my close people love me	5	4	2	1	3
7	I feel that my presence is useful to my close people	5	4	2	1	3
8	When my close people approve of my work, I feel I have succeeded in life	5	4	2	1	3
9	My close people put me under too much expectations	1	2	4	5	3
10	My close people listen patiently to me	5	4	2	1	3
11	Whenever I feel upset, my close people sympathize with me	5	4	2	1	3
12	My close people express affection to me (cuddling, hugging, loving words)	5	4	2	1	3
13	I participate in charities (charity, volunteerism)	5	4	2	1	3
14	When my close people pray for me, I feel good	5	4	2	1	3
15	I feel that my close people are limiting my powers in life	1	2	4	5	3
16	I feel that I am important for my close people	5	4	2	1	3
17	My close people are always ready to help me	5	4	2	1	3
18	I hope to life	5	4	2	1	3
19	My close people appreciate my attention and help	5	4	2	1	3
20	I appreciate the attention and help of my close people	5	4	2	1	3
21	My close people pay attention to what's happening to me	5	4	2	1	3
22	My close people can always count on my help	5	4	2	1	3
23	My close people respect me	5	4	2	1	3
24	When I get sick, my close people take care of me (taking a doctor's appointment, going to the hospital, long-term care)	5	4	2	1	3
25	I go out with my close people for fun and leisure time (Cinema, theater, park, restaurant, religious ceremony, swimming pool, travel, party)	5	4	2	1	3
26	My close people trust me	5	4	2	1	3
27	I have a close and intimate relationship with my close people	5	4	2	1	3
28	If needed, my close people help me with my daily routine (buying household goods, housework, repairing equipment, commuting)	5	4	2	1	3
29	I enjoy spending time with my close people (family, friends)	5	4	2	1	3
30	I feel god is always with me	5	4	2	1	3
31	My close people support my actions	5	4	2	1	3
32	I feel lonely	1	2	4	5	3
33	I encourage my close people to pursue their interests	5	4	2	1	3
34	I'm satisfied with my relationships with my close people	5	4	2	1	3

