



*Research article*

## Sedentary behaviour and physical activity patterns in adults with traumatic limb fracture

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**Table S1.** Characteristics of participants recruited (n = 120): included versus not-included in final analysis.

Characteristic	Participants included n (%)	Participants not included n (%)	p
Male	52 (62.7)	21 (56.8)	0.54
Age group (years)			
18-34	36 (43.4)	15 (40.5)	0.20
35-49	21 (25.3)	5 (13.5)	
50-69	26 (31.3)	17 (46.0)	
Injury group			
Upper limb fracture	37 (44.6)	17 (46.0)	0.89
Lower limb fracture	46 (55.4)	20 (54.1)	
Total	83 (69.2)	37 (30.8)	

**Table S2.** Sitting time and physical activity patterns of study population (n = 83).

	Upper limb (n = 37)	Lower limb (n = 46)	Total sample (n = 83)
Sitting time (hrs/day)*			
Mean (SD)	9.79 (1.48)	12.22 (1.40)	11.07 (1.89)
Range (min–max)	6.88–12.93	8.27–16.04	6.88–16.04
Day spent sitting (%)*			
Median (IQR)	66% (60%–73%)	85% (81%–92%)	79% (66%–87%)
Range (min–max)	41%–91%	60%–98%	41%–98%
Steps/day (n)*			
Median (IQR)	3583 (2526–4390)	647 (344–1140)	1575 (618–3445)
Range (min–max)	871–7994	143–2344	143–7993
MPA (mins/day)†			
Median (IQR)	20.17 (10.00–40.10)	1.84 (0.80–4.67)	5.22 (1.50–20.78)
Range (min–max)	0.33–72.00	0.00–40.33	0.00–72.00

\*Note: missing data n = 5; †Note: missing data n = 6. SD: standard deviation; IQR: interquartile range; MPA: moderate intensity physical activity.



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